

They said it **couldn't** be *done.*
He was **already** in the *boat.*

Jeremiah **BROWN**

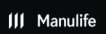
From complete beginner to
Olympic medalist in four years.

Overlooked but undeterred, Jeremiah Brown did something most people would never attempt. After watching the Canadian men's eight win Olympic gold, he moved across the country to learn to row from scratch with one goal: make it to the 2012 Olympics. Four years and 4,000+ hours of training later, he stood on the Olympic podium with a medal.

Today, Jeremiah delivers keynotes that bring even the most aggressive goals within reach—for teams who choose to do hard things, together. Built around his signature framework, The Stroke Cycle, his keynotes help organizations Move as One, so they can execute at the highest level no matter the day.



4 years **4000+** hours of training **THE ULTIMATE** test of willpower



THE KEYNOTE EXPERIENCES

MOVE AS ONE

The breakthrough mindset for teams who do hard things together.

Discover how to build a level of trust, accountability, and commitment that pulls everyone forward—even on the hard days.

SET THE STANDARD

How elite leaders drive cultures of excellence.

When your organization has to transform fast and you can't afford to wait, learn what it takes to build teams that expect to win, no matter how high the stakes.

ALL IN

The mindset that turns relentless disruption into your greatest advantage.

Find out what becomes possible when people stop waiting for perfect conditions, accept that change needs to happen, and start moving as one.